



Ziad Al-Manzalawi

Umluj, Olaya District, Yahya Haqqi Street

✉ Ziadz4478@gmail.com 📞 0555656491 📍 71931 Umluj city

summary

I am a certified nurse specialist by the Saudi Commission for Health Specialties. I hold a Bachelor's degree in Critical Care Nursing, with a deep understanding of critical care nursing principles and skills. I have a strong background in providing support to patients in various critical conditions. In addition, I have gained valuable experience through volunteering in healthcare during the COVID-19 pandemic. I am committed to professional development and adhering to the highest standards of safety and quality in patient care. I aspire to work as part of an integrated team to achieve the best outcomes and provide high-quality critical care.

Education

Bachelor's degree in Nursing

01/2019 - 12/2022

Tabouk university, Umluj city

Nursing at the University of Tabuk is a specialized program that prepares students for a career in healthcare. The curriculum includes a combination of theoretical and practical courses, covering topics such as anatomy, physiology, pharmacology, and patient care.

Students gain hands-on experience through clinical rotations in various healthcare settings. The program equips graduates with the skills and knowledge needed to become competent and compassionate nurses who can provide quality care to patients.

Employment

Trainee nurse

06/2021 - 06/2022

Concession period, King Fahd Hospital in Medina, Umluj General Hospital

My nursing internship in critical care was a valuable and informative phase in my professional journey. During this period, I gained in-depth knowledge and skills in the field of critical care, training in clinical settings with critically ill patients. I provided specialized care to patients, continuously monitored their conditions, and collaborated with physicians and other healthcare teams.

I was able to administer primary care in emergency situations and interact with advanced medical technologies. I learned how to manage pain, pressure, and communicate with patients and their families with understanding and empathy. As an exemplary nurse during my internship, I always adhered to the highest standards of safety and quality in healthcare.

This period elevated my clinical experience to a new level and

Personal details

Date of birth

December 6, 2000

Nationality

Kingdom of Saudi Arabia

Civil status

Single

Skills

Patient care

Nursing assessment

Critical care nursing

Interaction with patients

Community Health Nursing

Management and Leadership

Ethical and Legal Practice

Nursing Research

Languages

Arabic

english

prepared me for effective contributions in the field of critical care and healthcare at both the national and international levels.

**Health volunteer in the pandemic
COVID-19**

06/2020 - 12/2022

Health volunteering, Umluj

I am a healthcare volunteer with 600 hours of experience in community service during the COVID-19 pandemic. During this period, I actively contributed to supporting healthcare and relief efforts. I performed a variety of tasks, including providing first aid, conducting COVID-19 testing, and directing individuals to medical services. I have learned valuable lessons from this experience, understanding the importance of working in emergency conditions. I have developed excellent communication skills and the ability to work effectively in multi-disciplinary teams. I am committed to sustained involvement in providing healthcare and contributing to my community during challenging times.

**Volunteer in the Saudi Red Crescent
Authority**

08/2021 - 10/2021

Saudi Red Crescent Authority, Umluj

Volunteering with the Saudi Red Crescent provides an opportunity to offer assistance and support to those in need, and to participate in various humanitarian and relief services. Volunteering involves individuals contributing to a variety of activities and projects to serve the community and raise awareness about health and humanitarian issues.

Courses

BLS course

10/2023

A Basic Life Support (BLS) course is a training program aimed at teaching individuals how to provide basic first aid in healthcare emergencies, such as cardiac arrest and respiratory failure. The core skills that participants learn include performing cardiopulmonary resuscitation (CPR), using artificial ventilation devices, and making emergency medical service calls.

Infection control course

03/2020

I completed an Infection Control course as part of my professional development. In this course, I learned how to identify and mitigate infection risks and apply effective health prevention measures. I gained an understanding of the importance of personal and environmental hygiene and how to use protective equipment.

This course has heightened my awareness of the importance of safeguarding my own health and the health of others by preventing infections. I am now capable of applying preventive measures effectively and contributing to the control of infectious diseases in my community.

Health volunteer course

03/2020

Saudi Red Crescent course

08/2021

Achievements

Management and Leadership in Nursing: Leading in Healthcare
Volunteering in Umluj City

In Umluj City, I have always been passionate about helping the local community and providing support in healthcare. During the COVID-19 pandemic, I decided to actively engage in volunteer work.

I established a volunteer team composed of individuals committed to providing care and support to those in need. I provided guidance and training to team members on health procedures and preventive measures. I was always present to manage activities and direct efforts towards effective service delivery.

My efforts focused on raising awareness in the community about the importance of adhering to preventive measures and public health.

Thanks to my dedication and leadership, I made a significant contribution to providing the necessary support to my city during this challenging period.